
RURAL REGIONAL BEHAVIORAL HEALTH POLICY BOARD

Board Priority Setting for 2022

Valerie Haskin, MA, MPH

Rural Regional Behavioral Health Coordinator

Rural Regional Behavioral Health Policy Board
Meeting

February 23, 2022, 1:00pm to adjourn

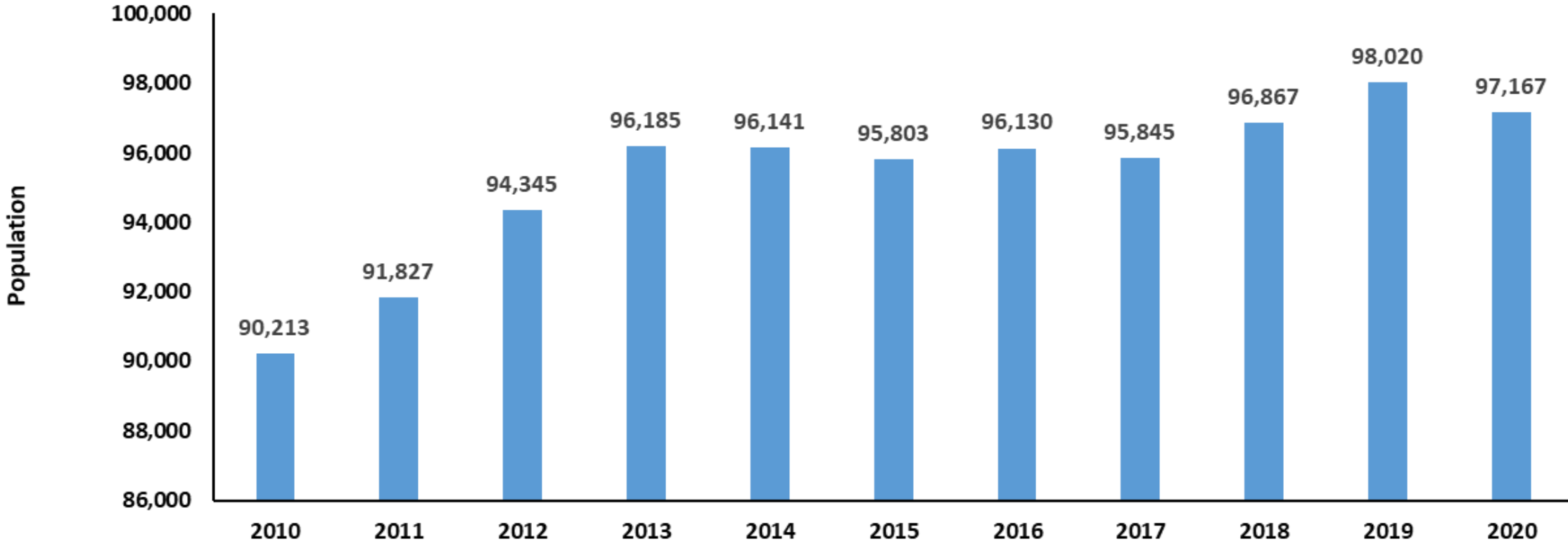
This Presentation

- Review of available data
- Anecdotal information from stakeholders
- Review of 2021 Priorities
- Discussion and Development of 2022 Board Priorities

A blue ribbon graphic with a folded end on the left side, containing white text.

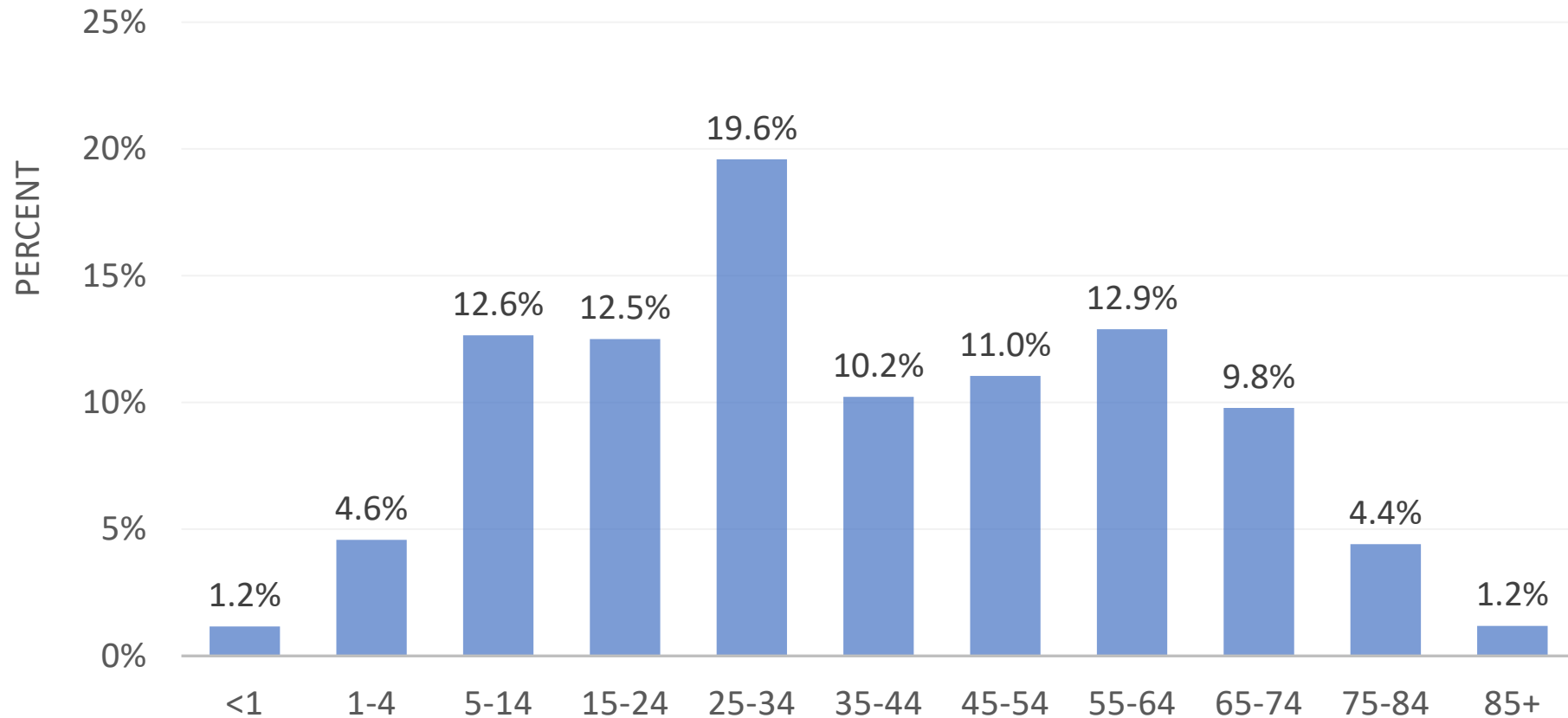
Review of Behavioral Health Data for Rural Region

Annual Est. of Total Population of the Rural Region Elko, Eureka, Humboldt, Lander, Pershing, and White Pine Counties



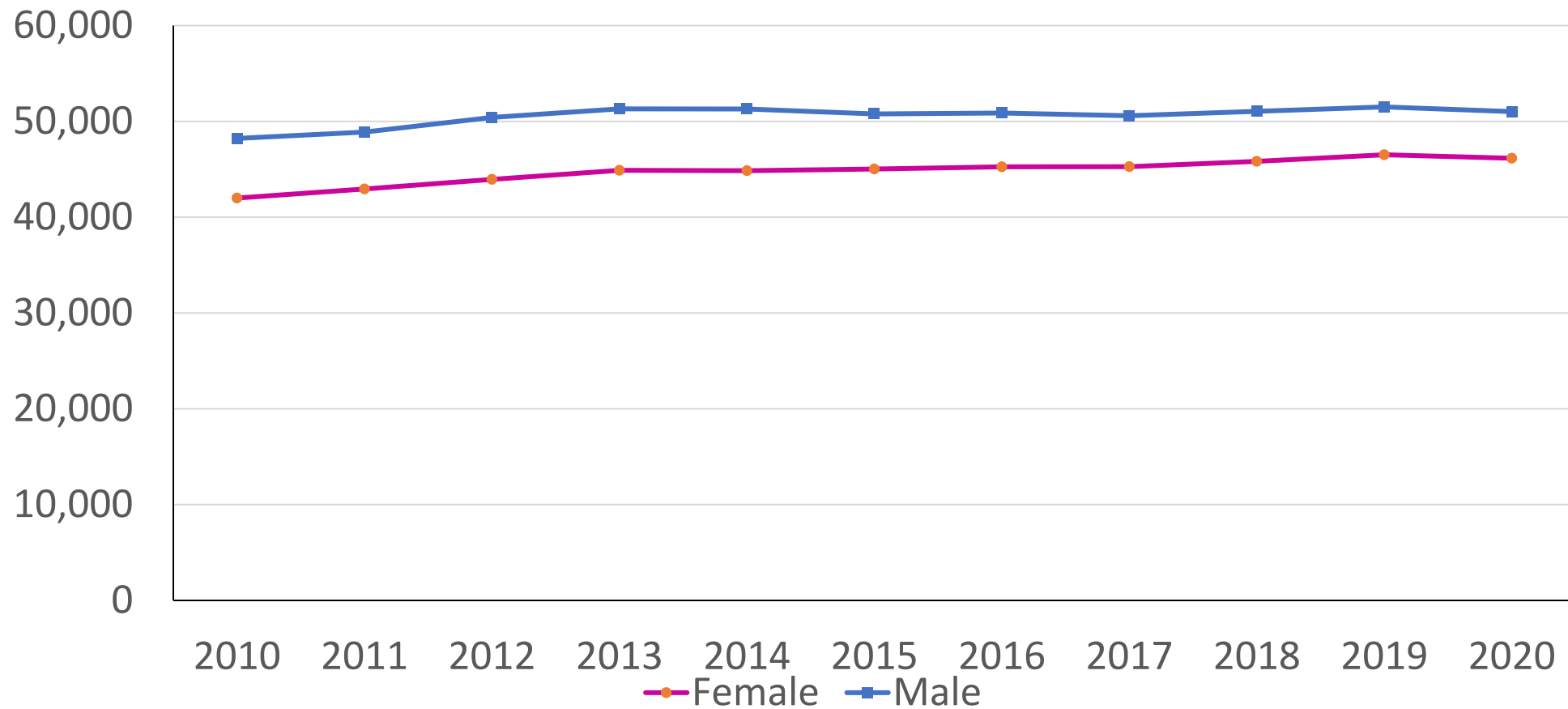
Source: Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

Age Groups as %age of Total Population of the Rural Region, 2020



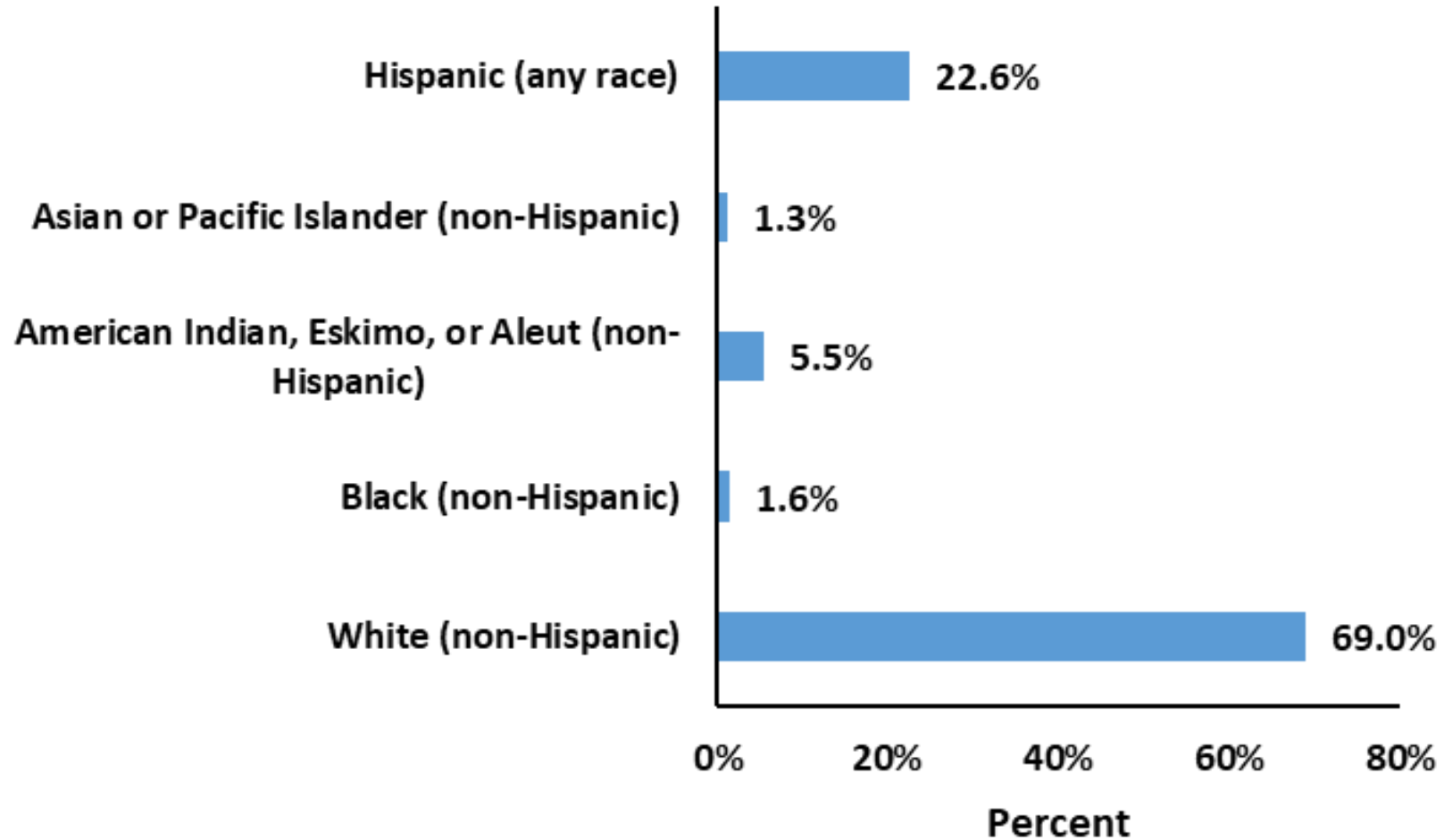
Source: Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

Total Annual Male and Female Populations of the Rural Region

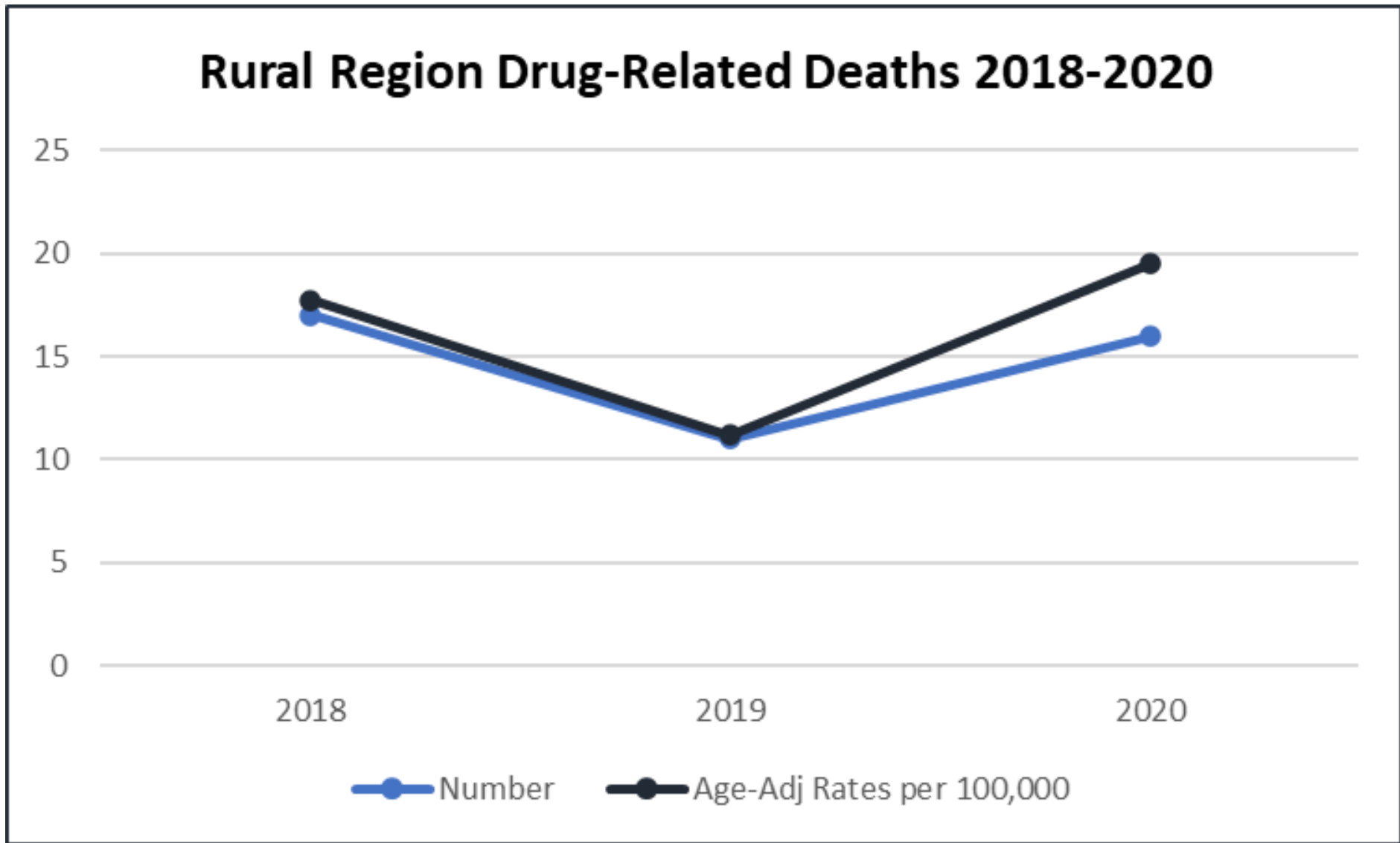


Source: Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

2020 Total Population of the Rural Region, by Race/Ethnicity

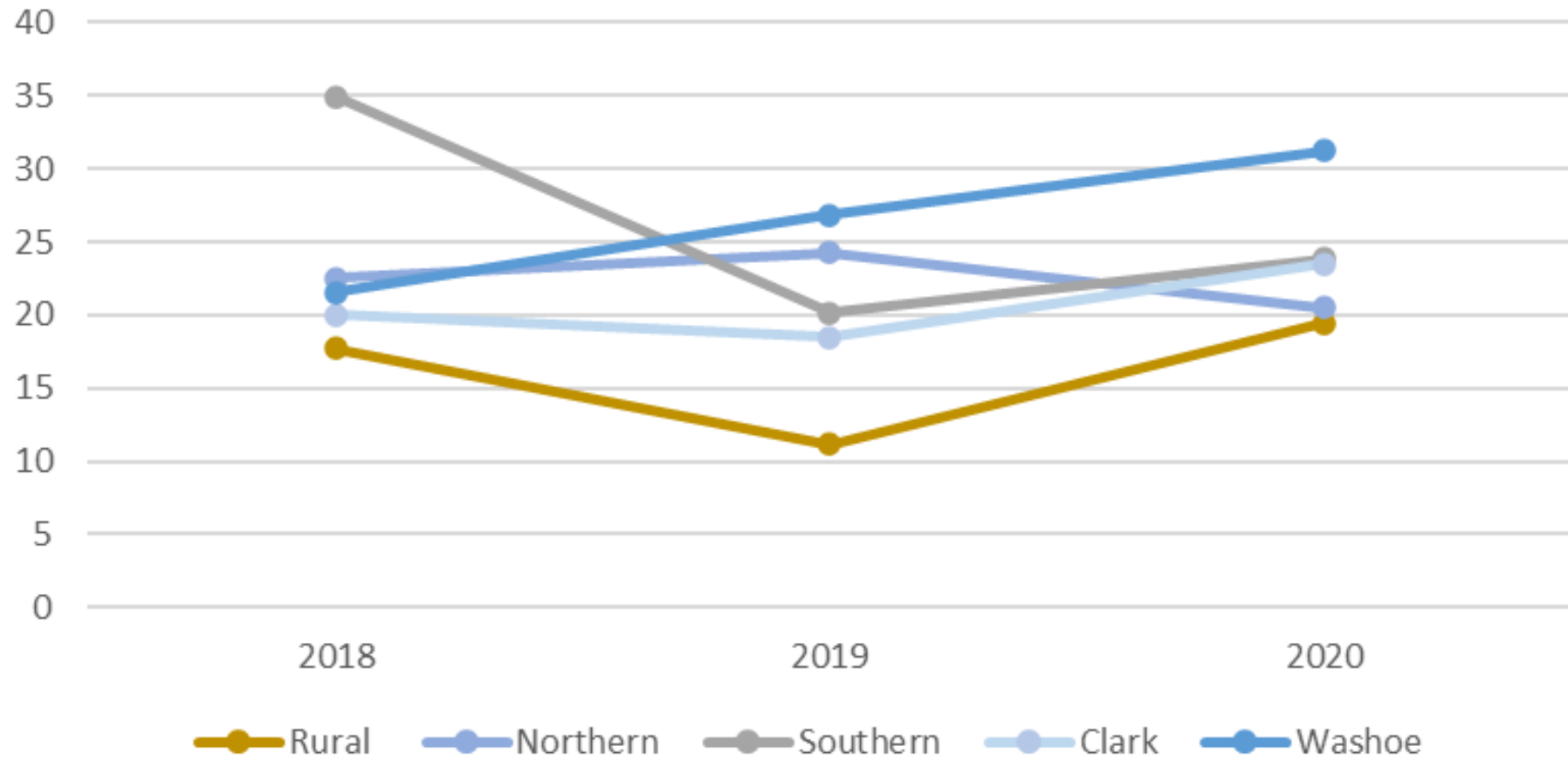


Source: Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022



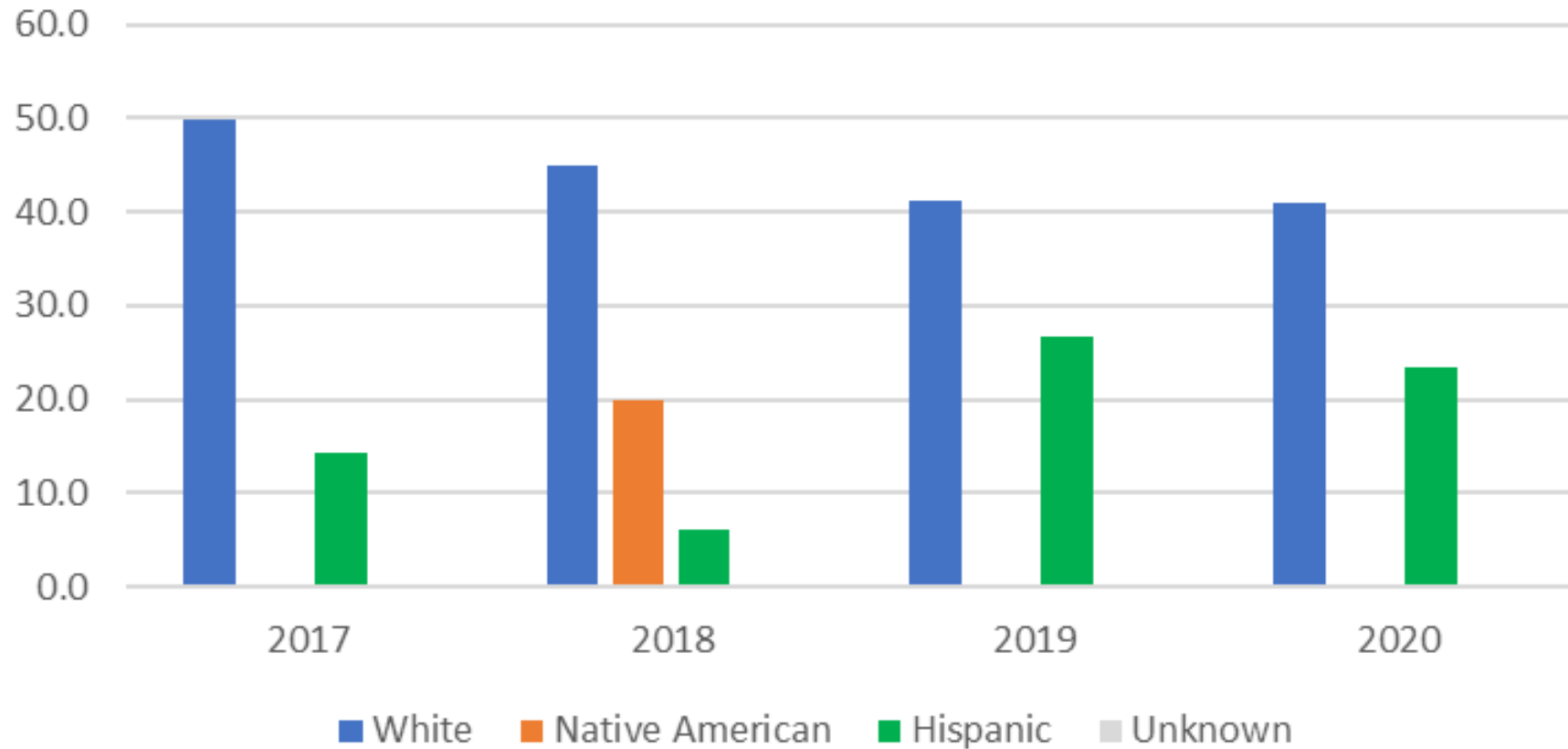
Source: Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

Age-Adjusted Rate (per 100,000) of Drug-Related Deaths by Region, 2018-2020



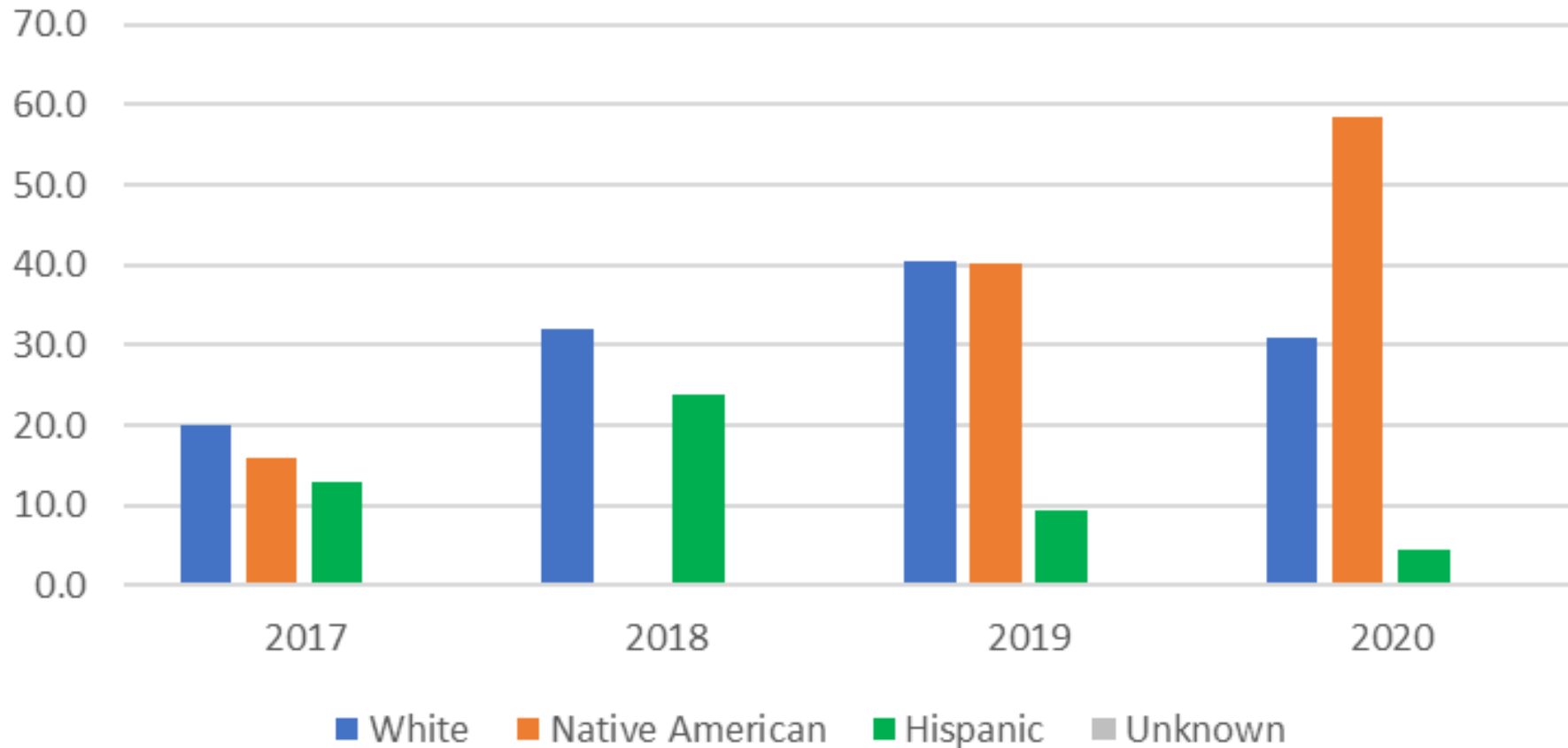
Source: Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

"Mental-Related" Deaths in Rural Region by Race & Ethnicity Age-Adjusted Rate per 100,000 pop., 2017-2020



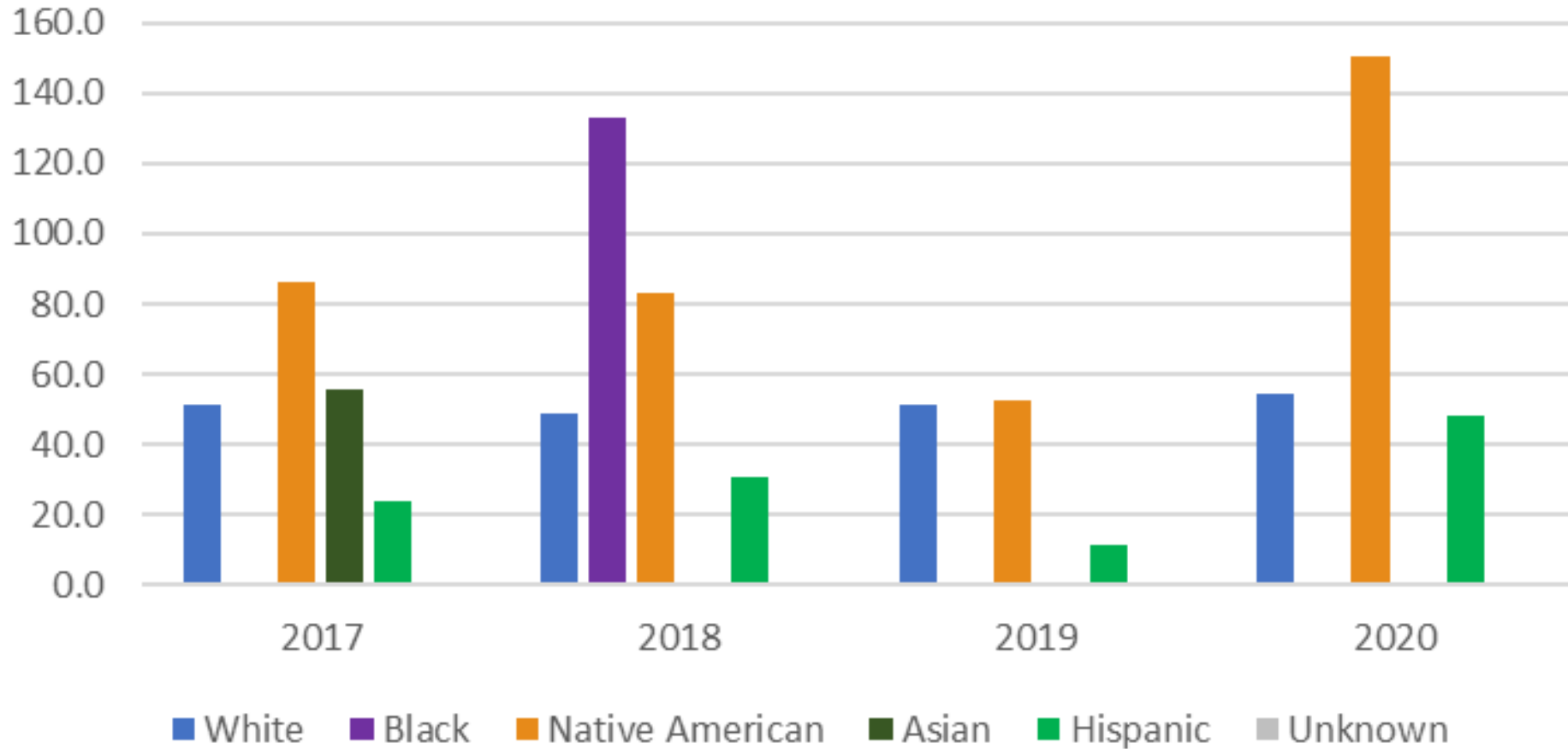
Source: Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

"Suicide-Related" Deaths in Rural Region by Race & Ethnicity, Age-Adjusted Rate per 100,000 pop., 2017-2020



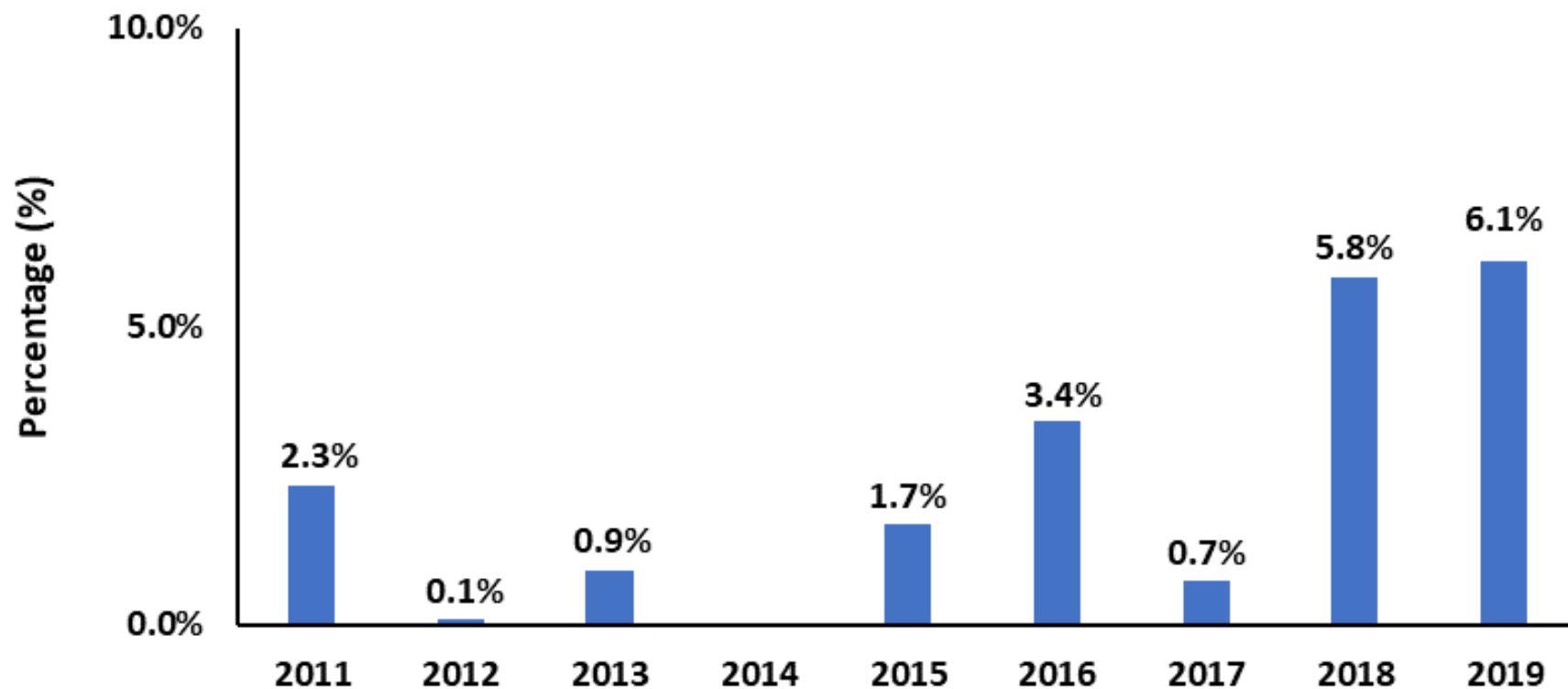
Source: Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

"Alcohol-Related" Deaths in Rural Region by Race & Ethnicity Age-Adjusted Rate per 100,000 pop., 2017-2020



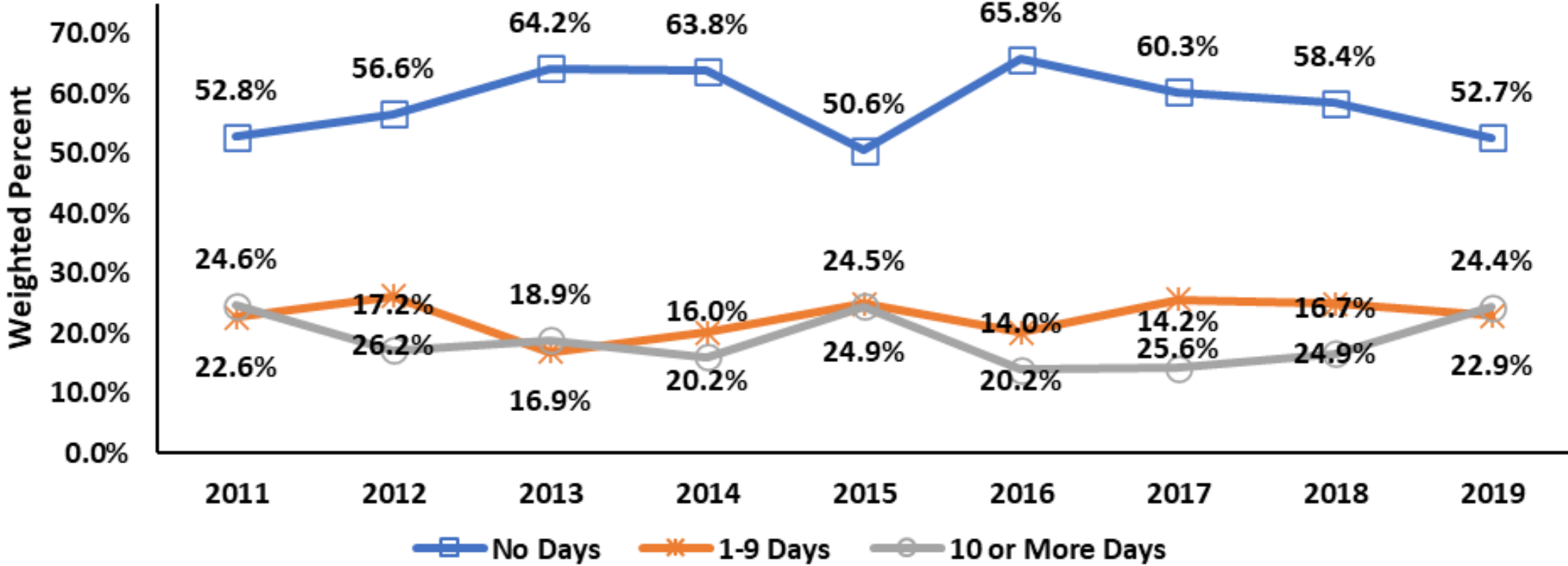
Source: Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

Percentage of Nevada Adults in Rural Behavioral Region Who Have Seriously Considered Suicide, 2011-2019



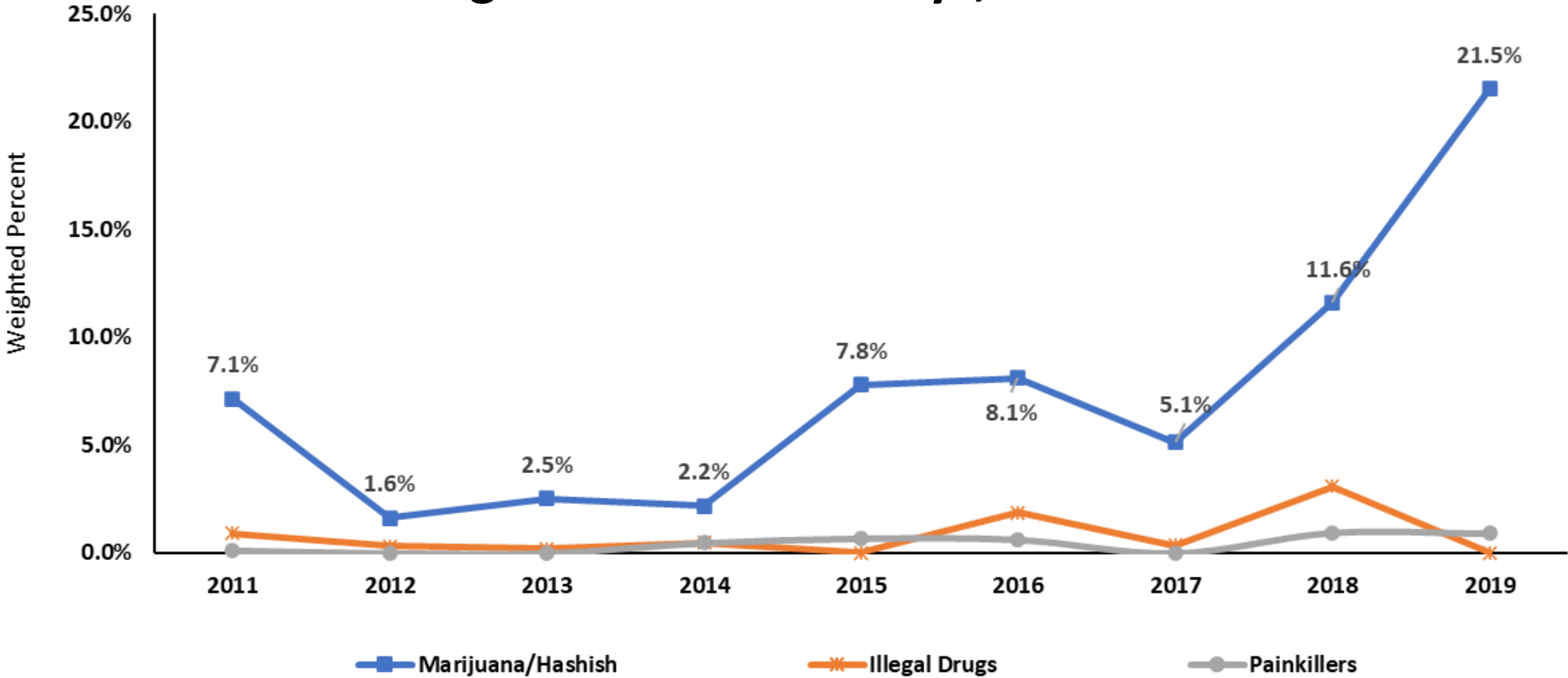
Source: BRFSS data as reported by Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

Percentage of Nevada Adults in Rural Behavioral Region Who Experienced Poor Mental or Physical Health that Prevented Them From Doing Usual Activities, 2011-2019



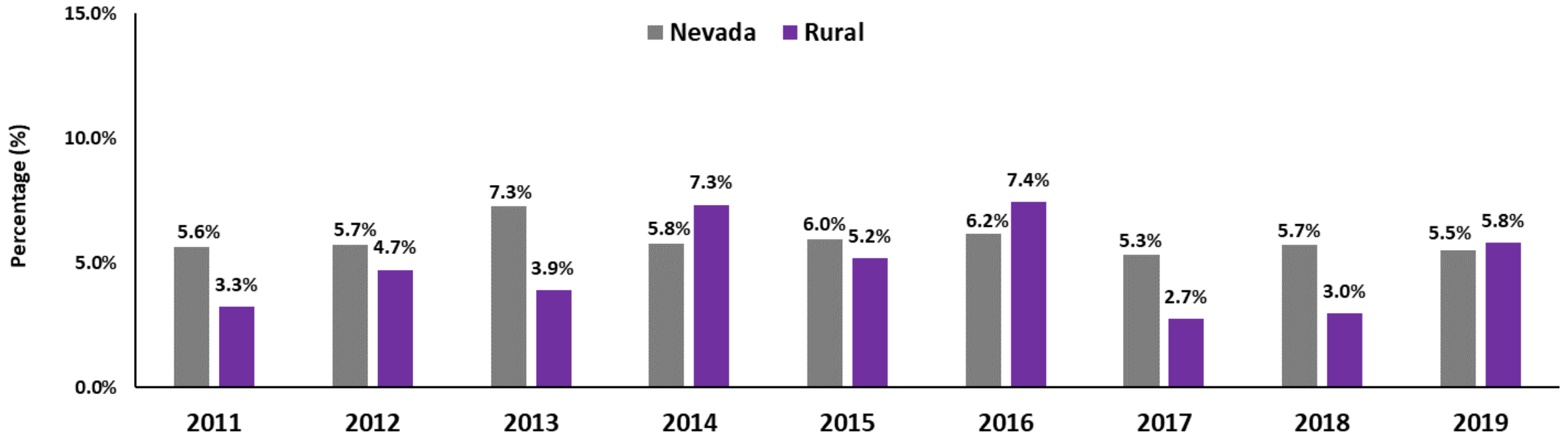
Source: BRFSS data as reported by Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

Percentage of Nevada Adults in Rural Behavioral Region Who Used Marijuana/Hashish, Illegal Drugs, or Painkillers to Get High in the Last 30 Days, 2011-2019



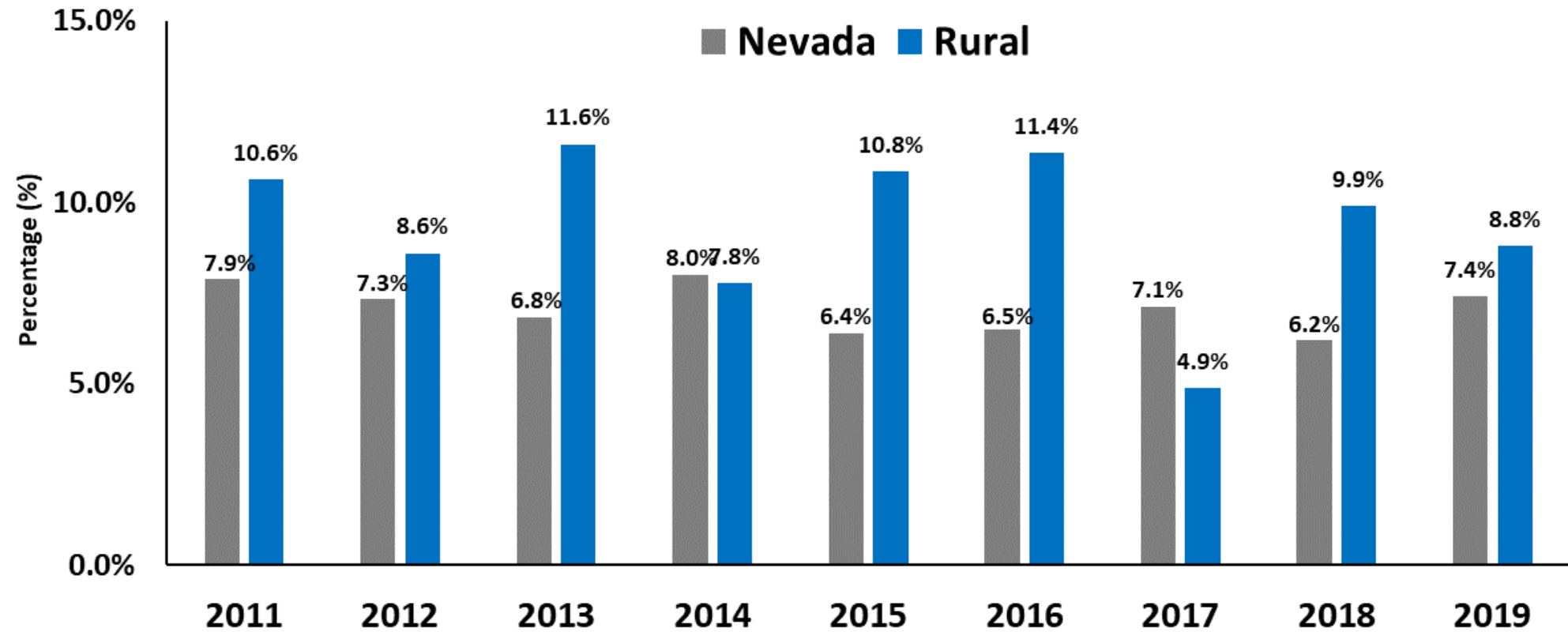
Source: BRFSS data as reported by Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

Percentage of Nevada Adult Women in Rural Region Who Are Considered Heavy Drinkers, 2011-2019



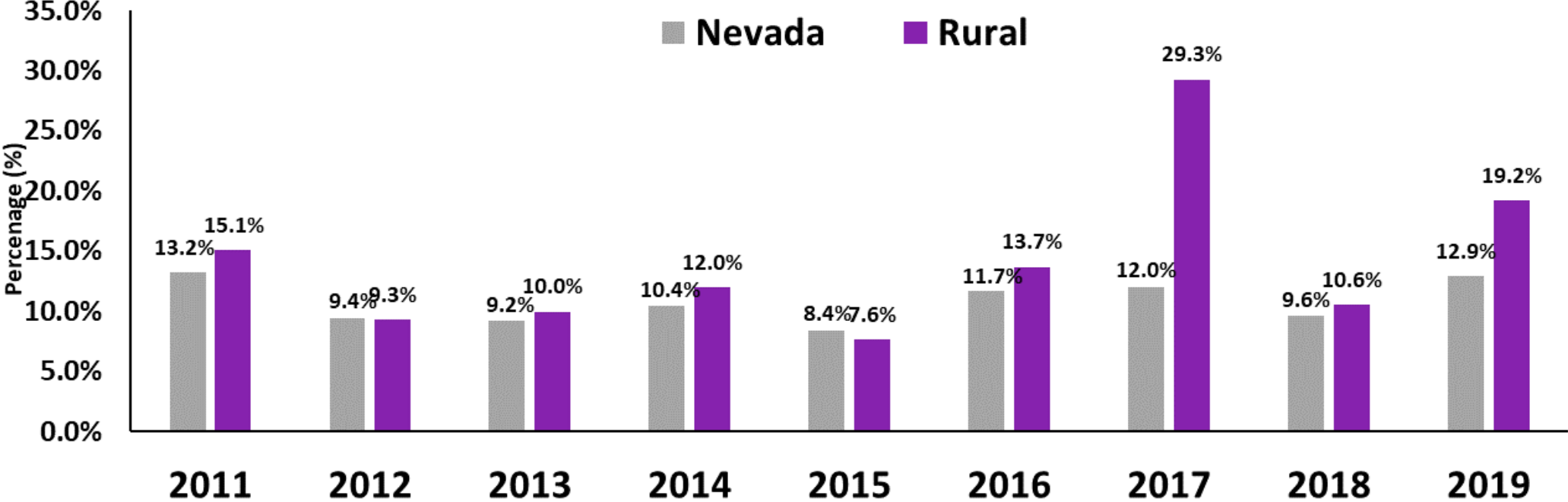
Source: BRFSS data as reported by Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

Percentage of Nevada Adult Men in Rural Region Who Are Considered Heavy Drinkers, 2011-2019



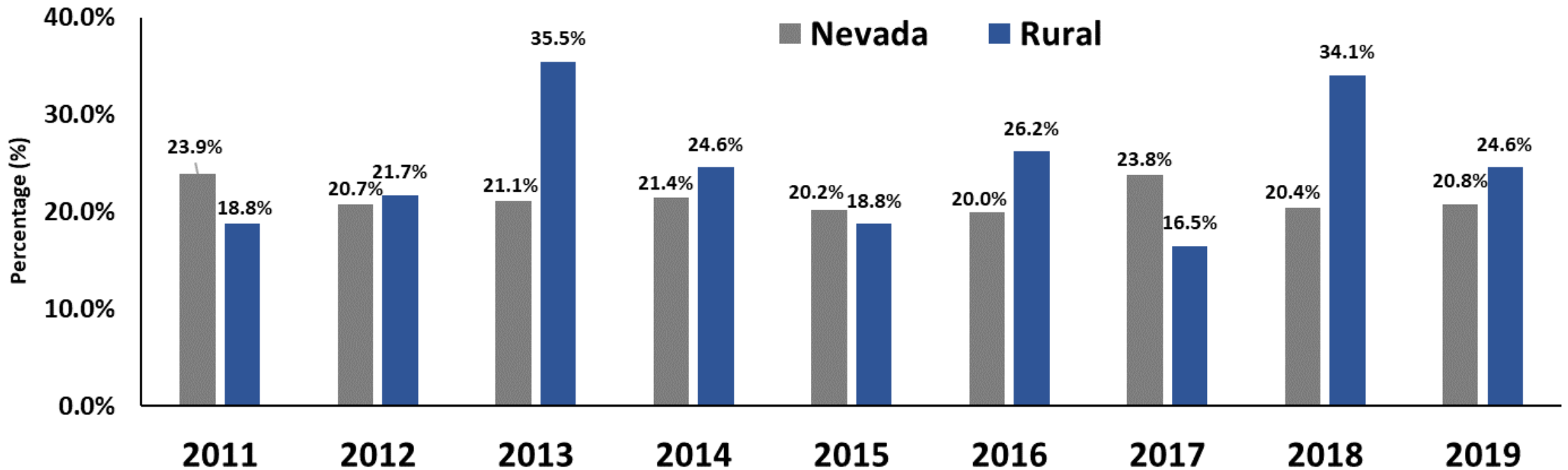
Source: BRFSS data as reported by Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

Percentage of Nevada Adult Women in Rural Behavioral Region Who Are Considered Binge Drinkers, 2011-2019



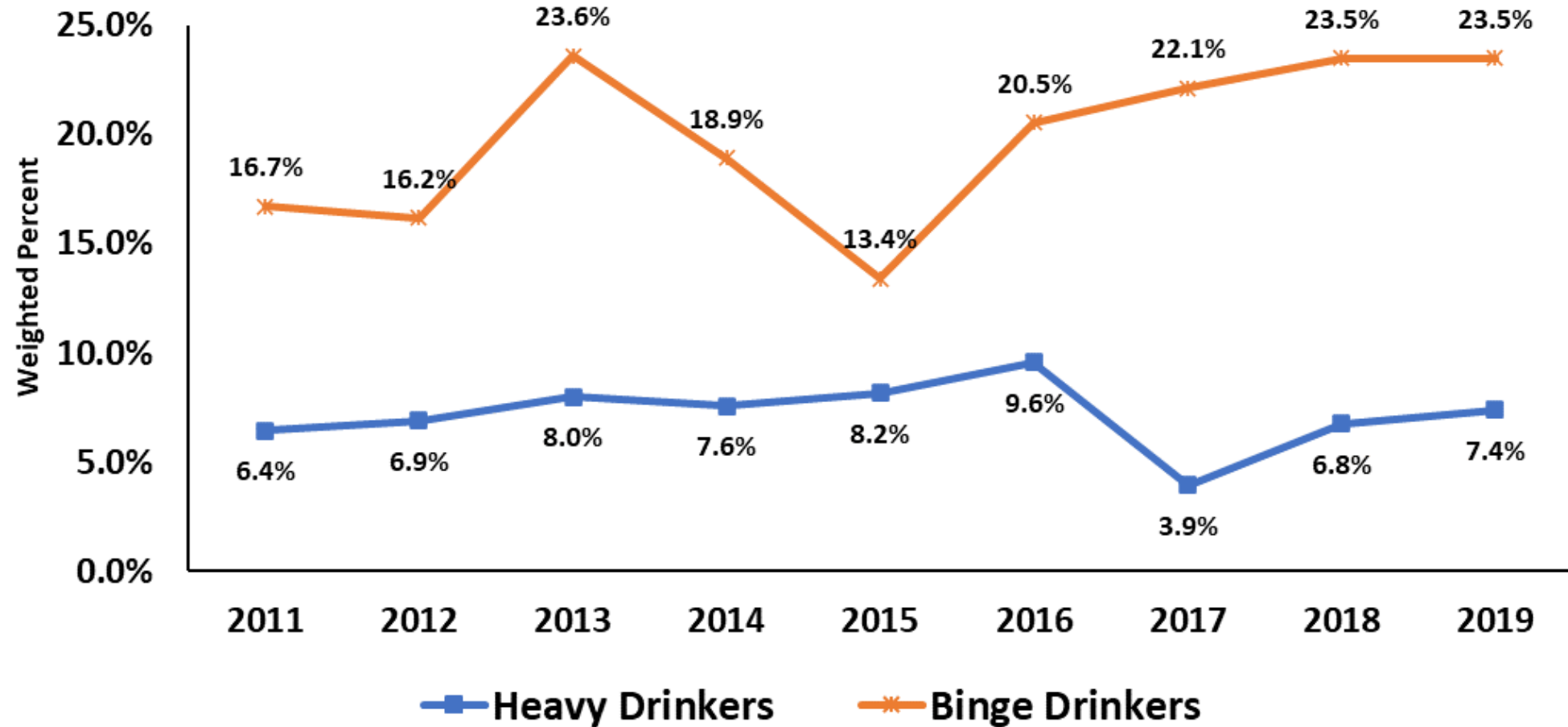
Source: BRFSS data as reported by Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

Percentage of Nevada Adult Men in Rural Region Who Are Considered Binge Drinkers, 2011-2019



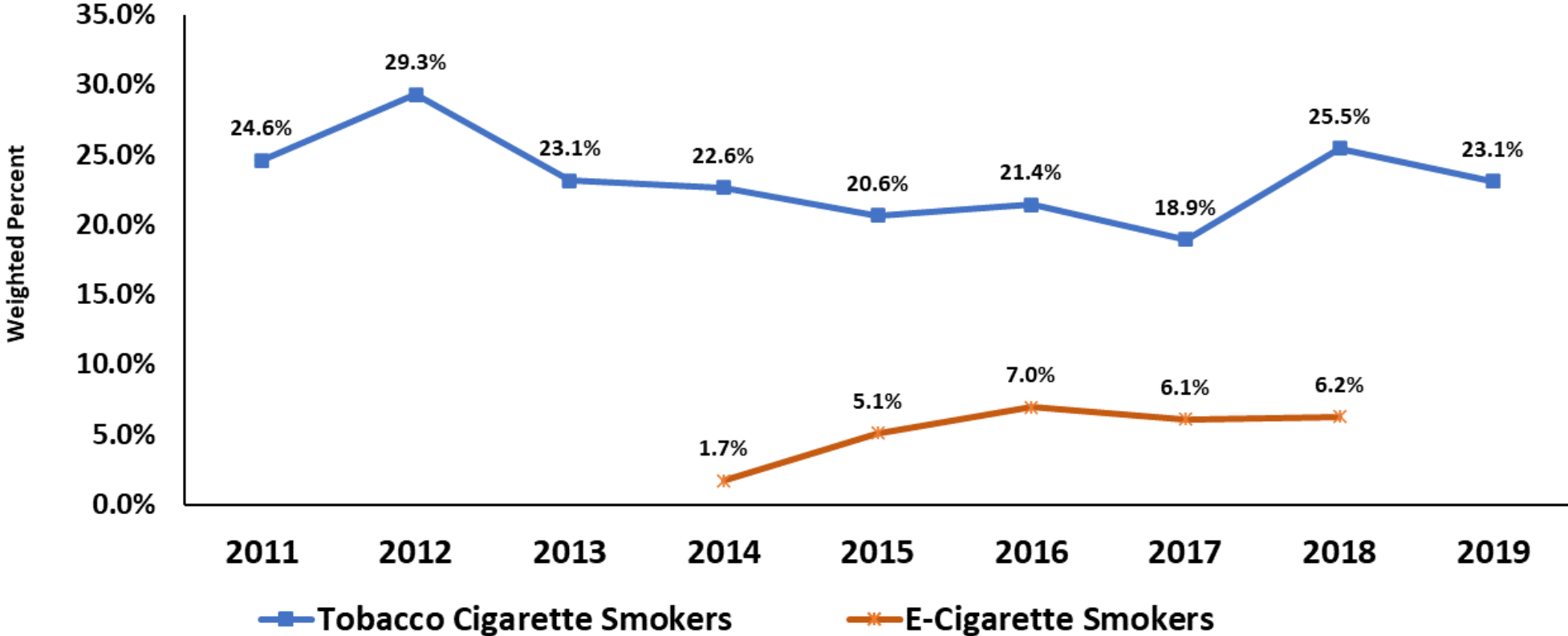
Source: BRFSS data as reported by Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

Percentages of Nevada Adults considered Heavy or Binge Drinkers 2011-2019



Source: BRFSS data as reported by Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

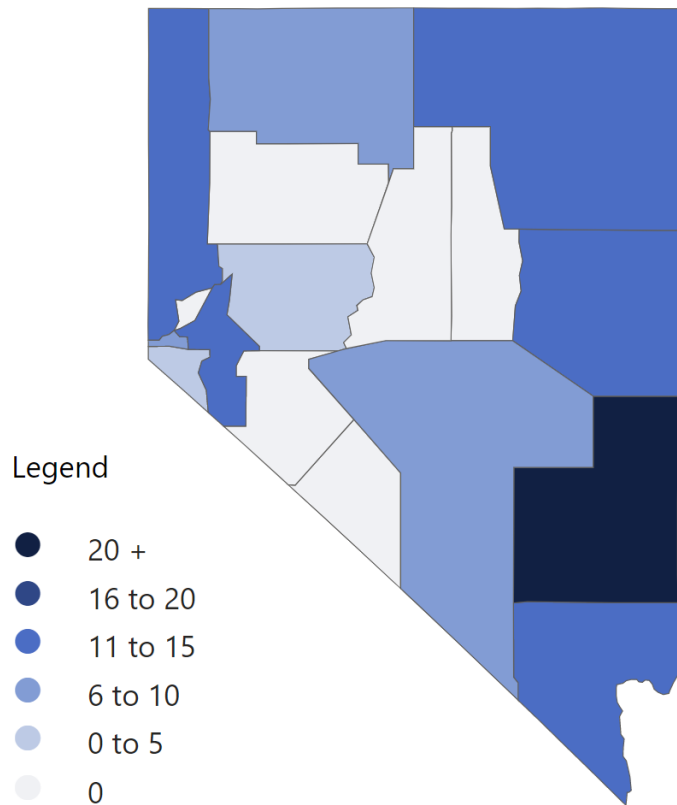
Percentage of Nevada Adults in Rural Region Who Are Current Tobacco Cigarette or E-Cigarette Smokers, 2011-2019



Source: BRFSS data as reported by Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

Rate of Nevada Methamphetamine-Related Deaths 2020, per 100,000 population, all counties

Rate per 100,000 Nevada Residents by County

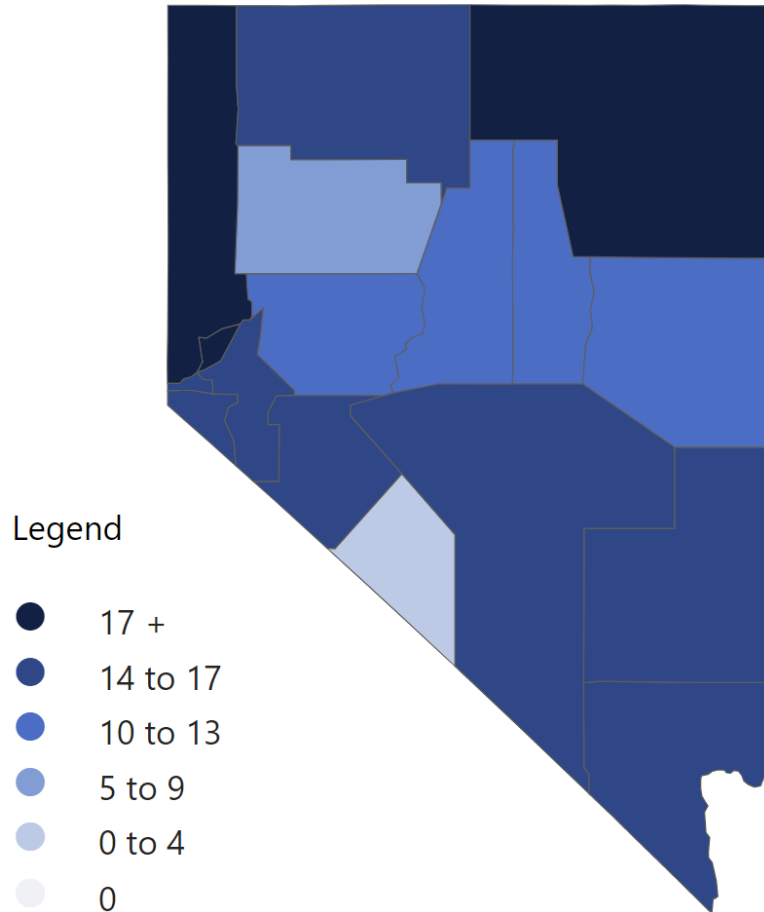


County	Rate
Lincoln	24.7
Washoe	14.6
Clark	14.3
Nevada (Statewide)	13.7
Elko	13.2
Lyon	12.2
White Pine	10.9
Nye	8.0
Carson City	7.7
Humboldt	6.7
Churchill	3.5
Douglas	3.3
Esmeralda	0.0
Eureka	0.0
Lander	0.0
Mineral	0.0
Pershing	0.0
Storey	0.0

Source: Nevada DHHS, Methamphetamine and Stimulant Surveillance Dashboard, February 22, 2022

Rate of Nevada Stimulant Rx, per 100 population, all counties

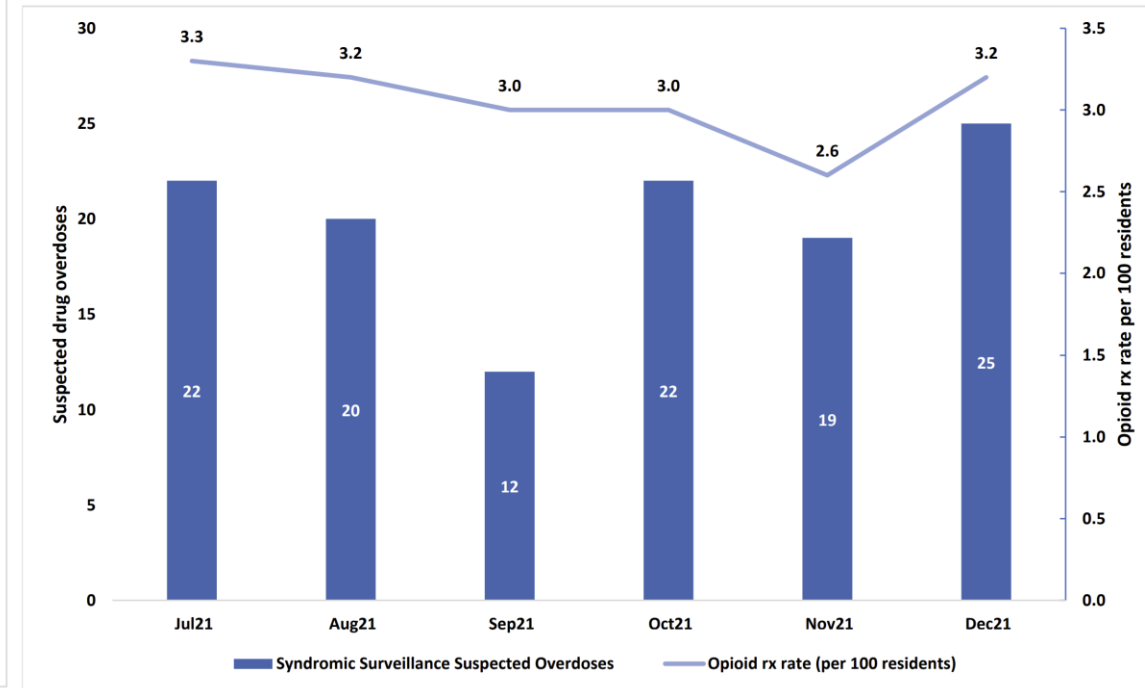
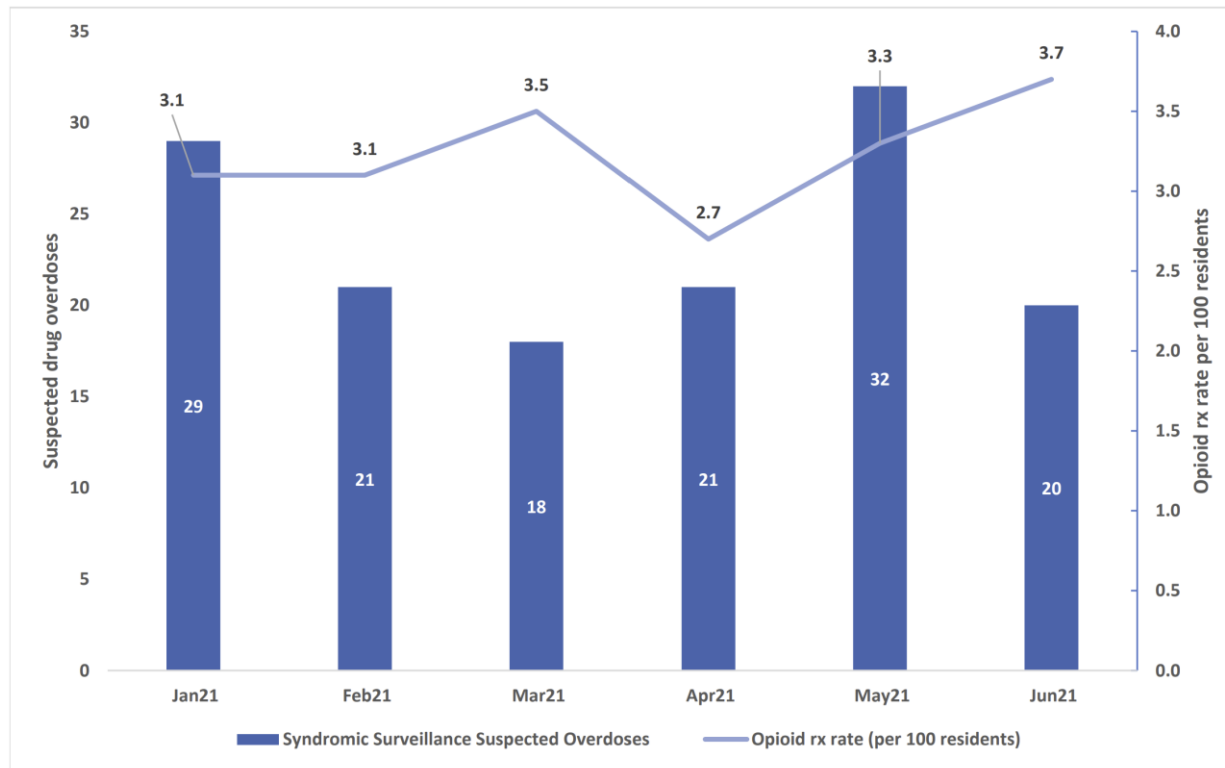
Rate per 100 Nevada Residents by County



County	Rate
Storey	21.8
Elko	19.1
Washoe	17.7
Douglas	15.8
Nye	15.5
Carson City	15.4
Nevada (Statewide)	14.7
Mineral	14.7
Lyon	14.5
Clark	14.2
Lincoln	13.2
Humboldt	12.6
Churchill	11.3
Lander	10.7
Eureka	9.7
White Pine	8.9
Pershing	7.9
Esmeralda	3.3

Source: Nevada DHHS, Methamphetamine and Stimulant Surveillance Dashboard, February 22, 2022

Suspected drug overdoses from Syndromic Surveillance and prescription (Rx) opioid rates (per 100 residents) in the Rural Region, January 2021 – December 2021



Source: Nevada Drug Overdose Surveillance Monthly Reports, July 2021 and January 2022: Rural Region
 Available at nvopioidresponse.org

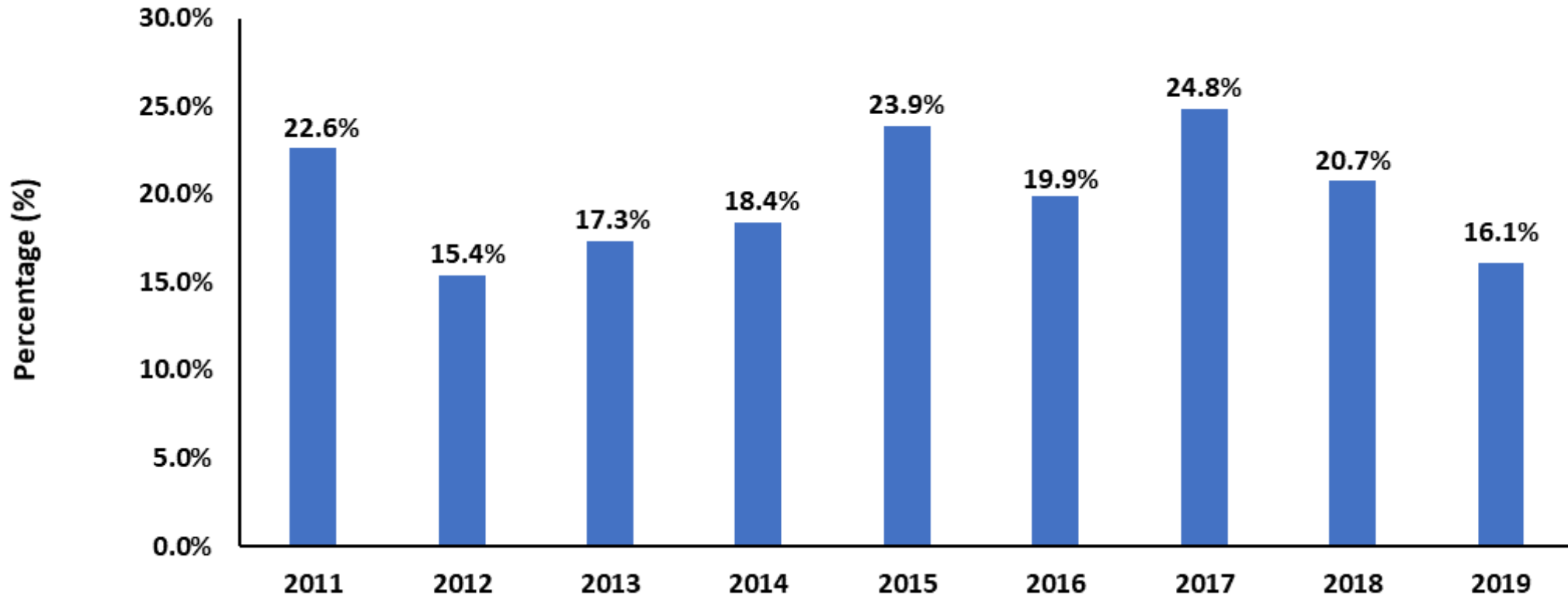
Opioid-Related Overdose Deaths by Drug Category, Nevada Residents

Year	Heroin	Natural and Semi-Synthetic	Methadone	Synthetic Opioids	Unspecified Narcotic
2013	48	241	70	25	39
2014	61	218	63	32	37
2015	82	260	57	33	37
2016	87	235	53	53	29
2017	97	239	46	67	20
2018	106	212	33	83	11
2019	122	168	29	115	12
2020	127	215	30	276	9
2021*	96	180	17	288	9

*2021 data are preliminary

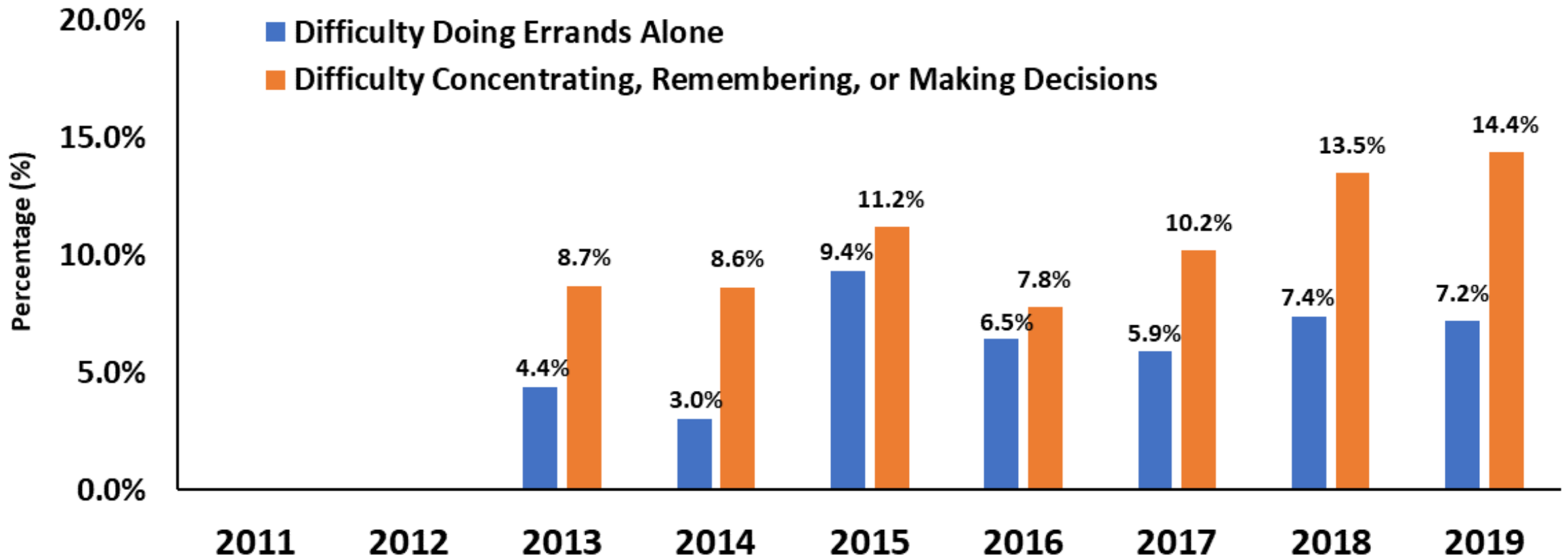
Source: Nevada DHHS, Opioid Surveillance Dashboard, accessed 2.22.22

Percentage of Nevada Adults in Rural Region Who Rated Their General Health As Poor or Fair, 2011-2019



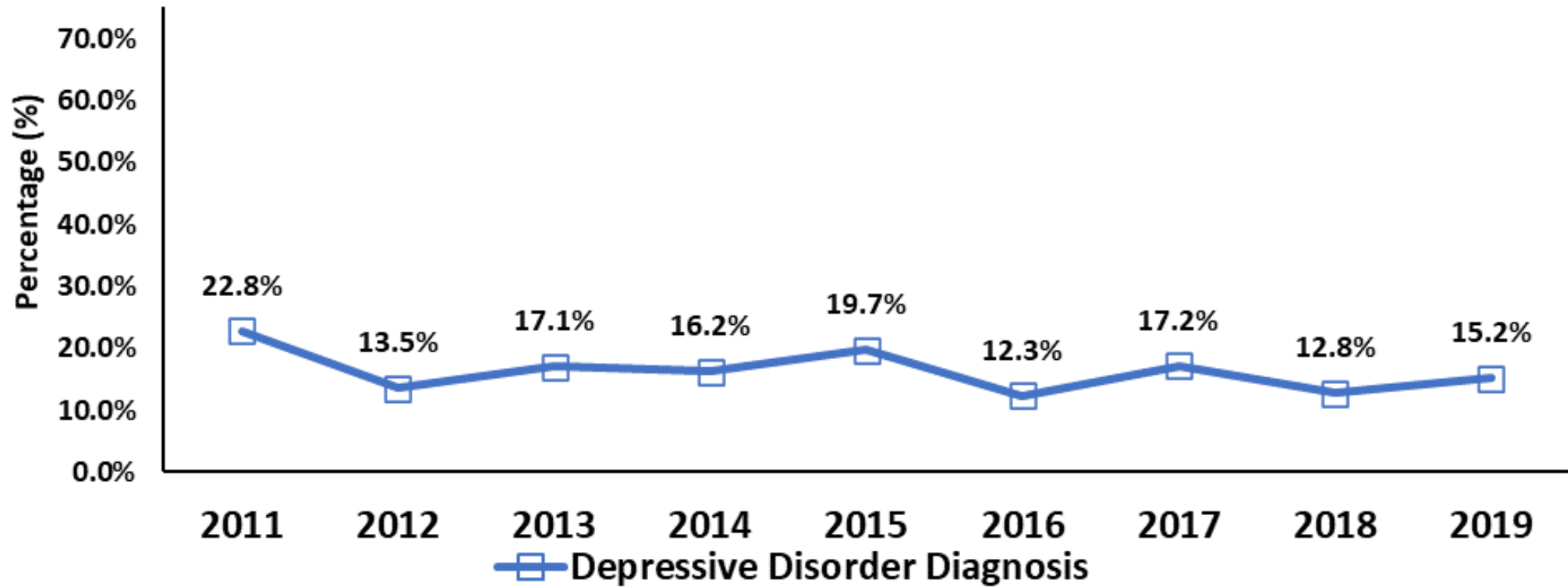
Source: BRFSS data as reported by Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

Percentage of Nevada Adults in Rural Region Who Experience Difficulties Because of Physical, Mental, or Emotional Conditions, 2011-2019



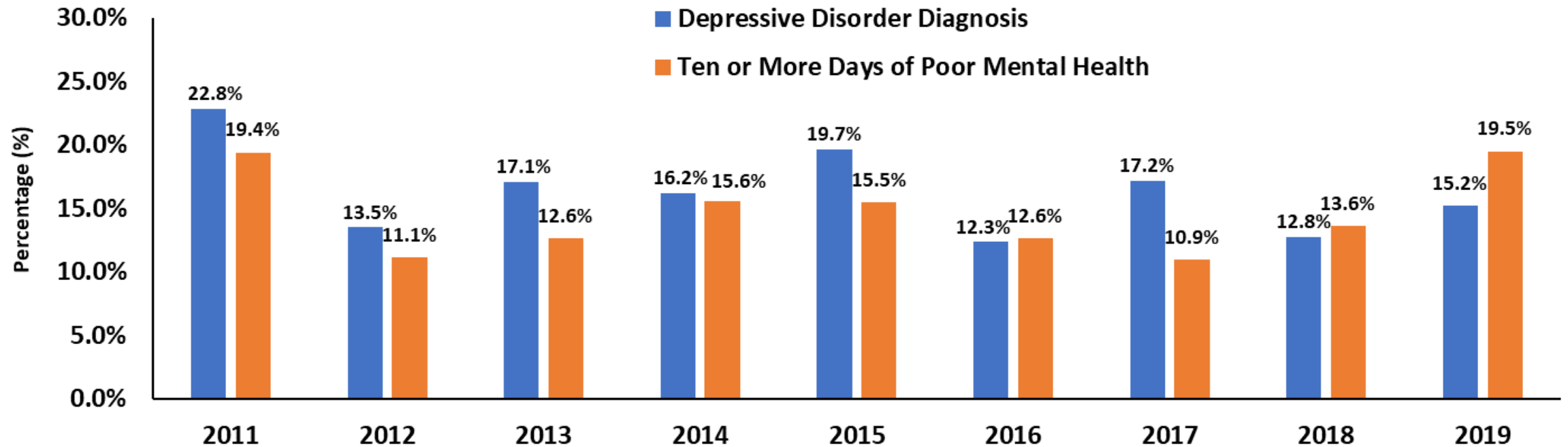
Source: BRFSS data as reported by Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

Percentage of Nevada Adults who have a Depressive Diagnosis 2011-2019



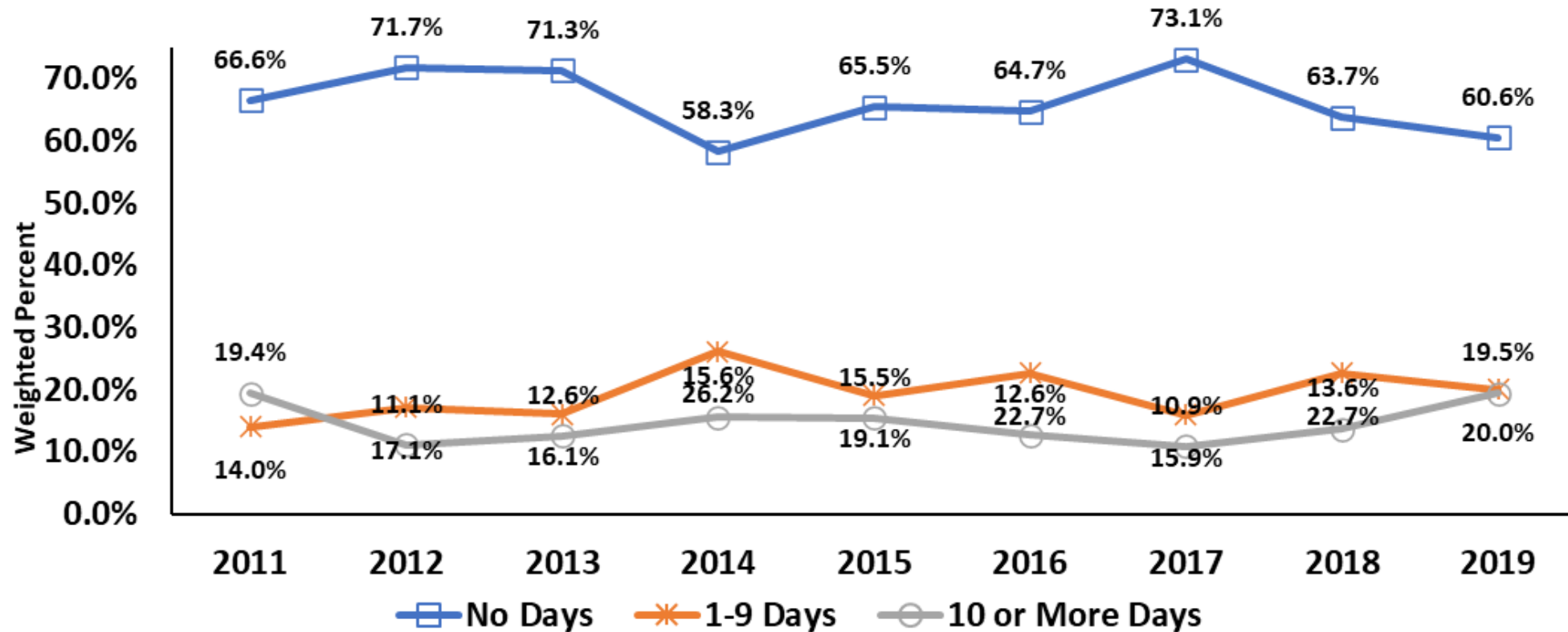
Source: BRFSS data as reported by Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

Percentage of Nevada Adults in Rural Region Who Reported Unfavorable Mental Health, 2011-2019



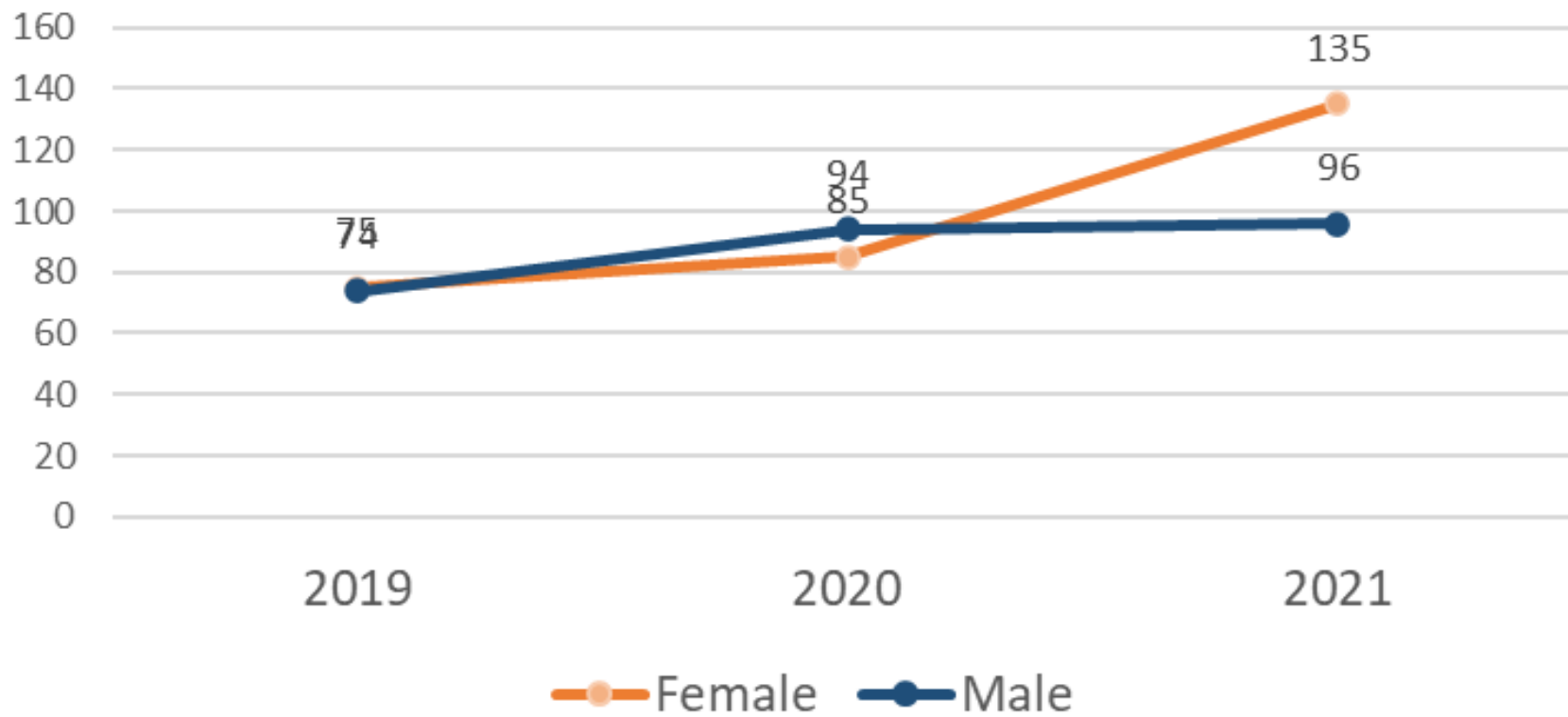
Source: BRFSS data as reported by Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

Percentages of Nevada Adults Whose Mental Health was Not Good by Days Affected



Source: BRFSS data as reported by Nevada DHHS, Division of Public and Behavioral Health, Office of Analytics, 2022

of NNRH ED Patients Presenting with Suicidal Ideation by Sex



Annual Totals

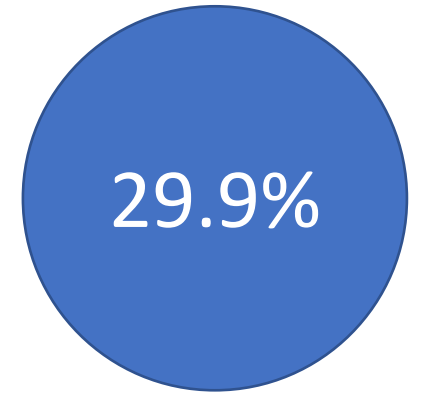
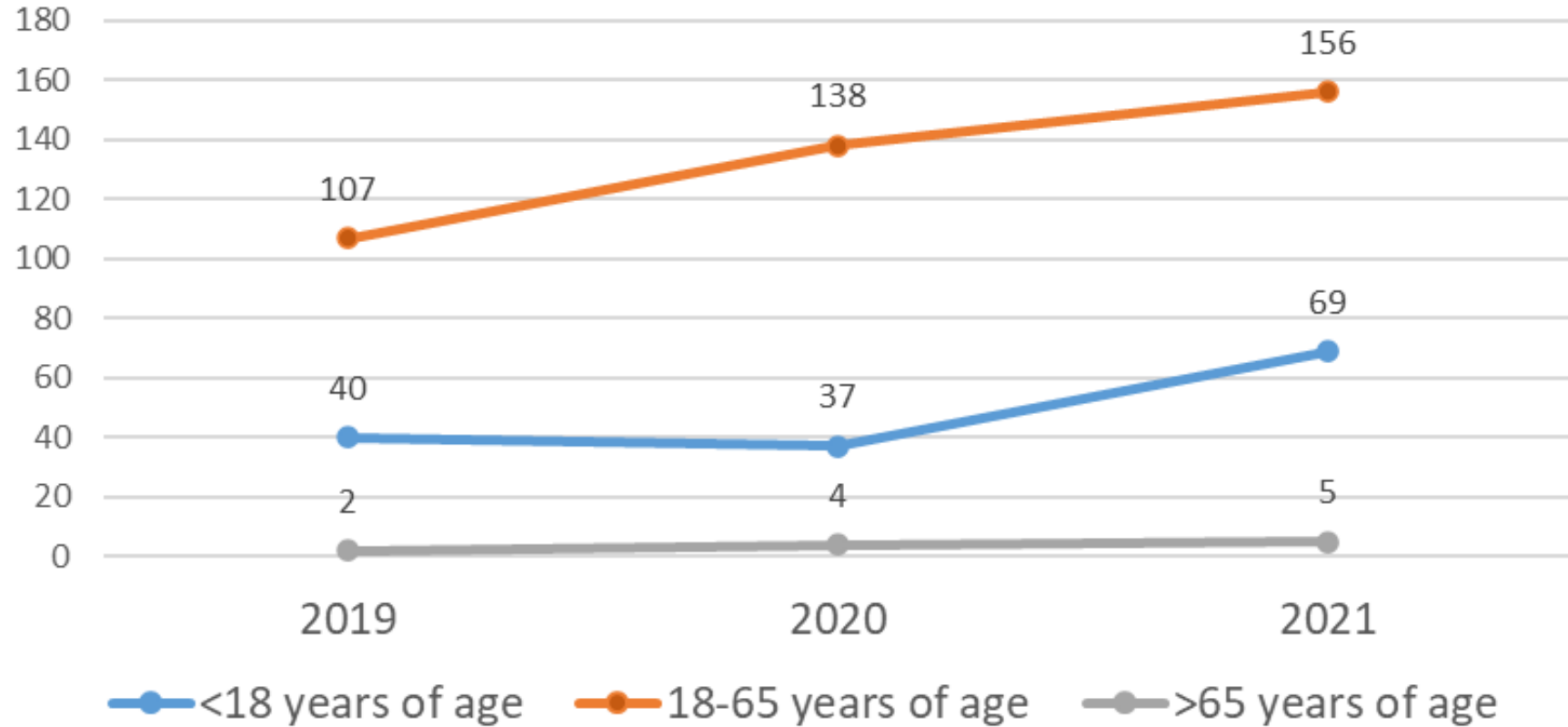
2019: 149

2020: 179

2021: 231

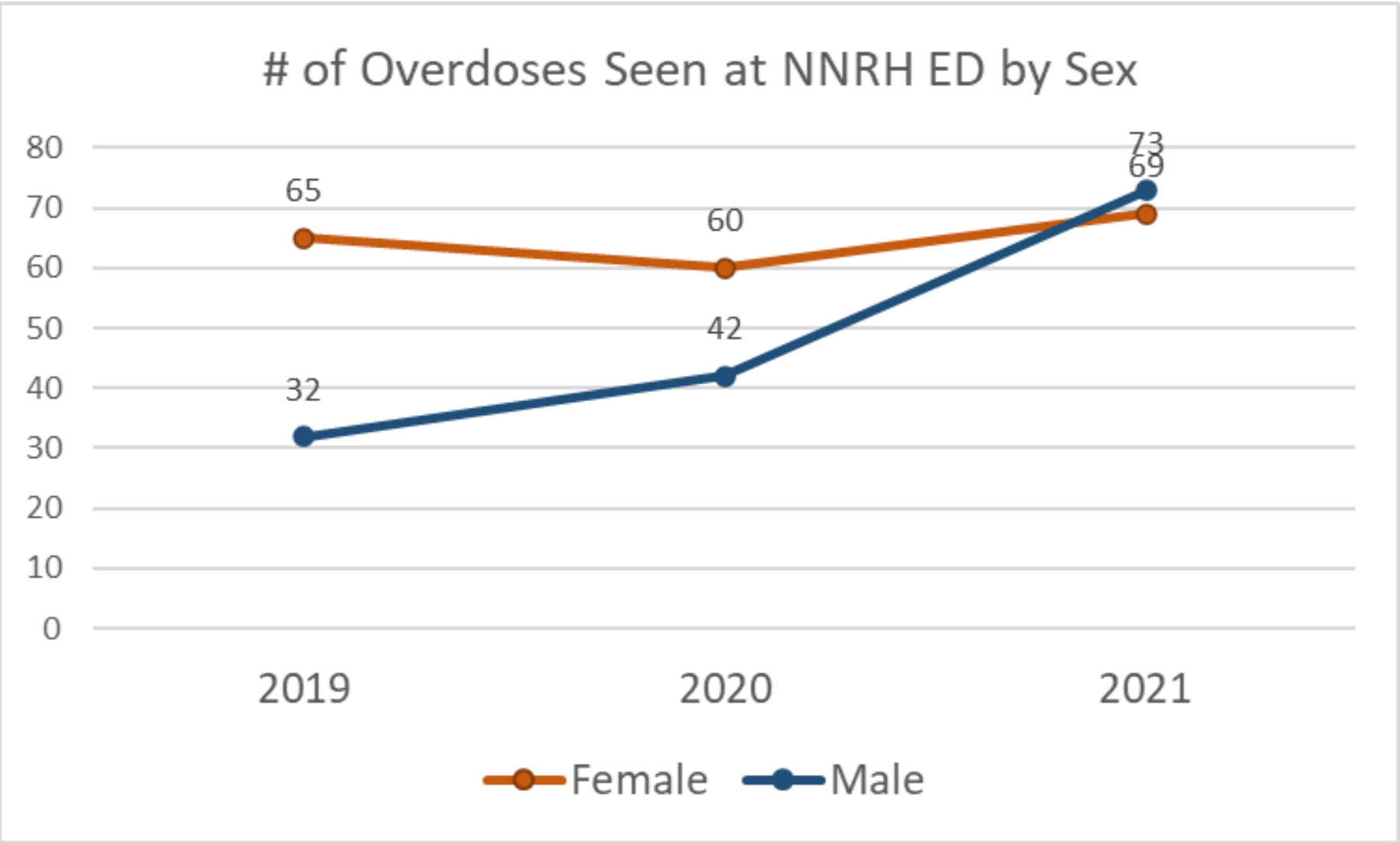
Source: Monthly Report from Northeastern Nevada Regional Hospital to Elko County Zero Suicides, January 2022

of NNRH ER Patients Presenting with Suicidal Ideation by Age Group



Percent of patients
under 18
presenting to the
NNRH ED with
Suicidal Ideation

Source: Monthly Report from Northeastern Nevada Regional Hospital to Elko County Zero Suicides, January 2022



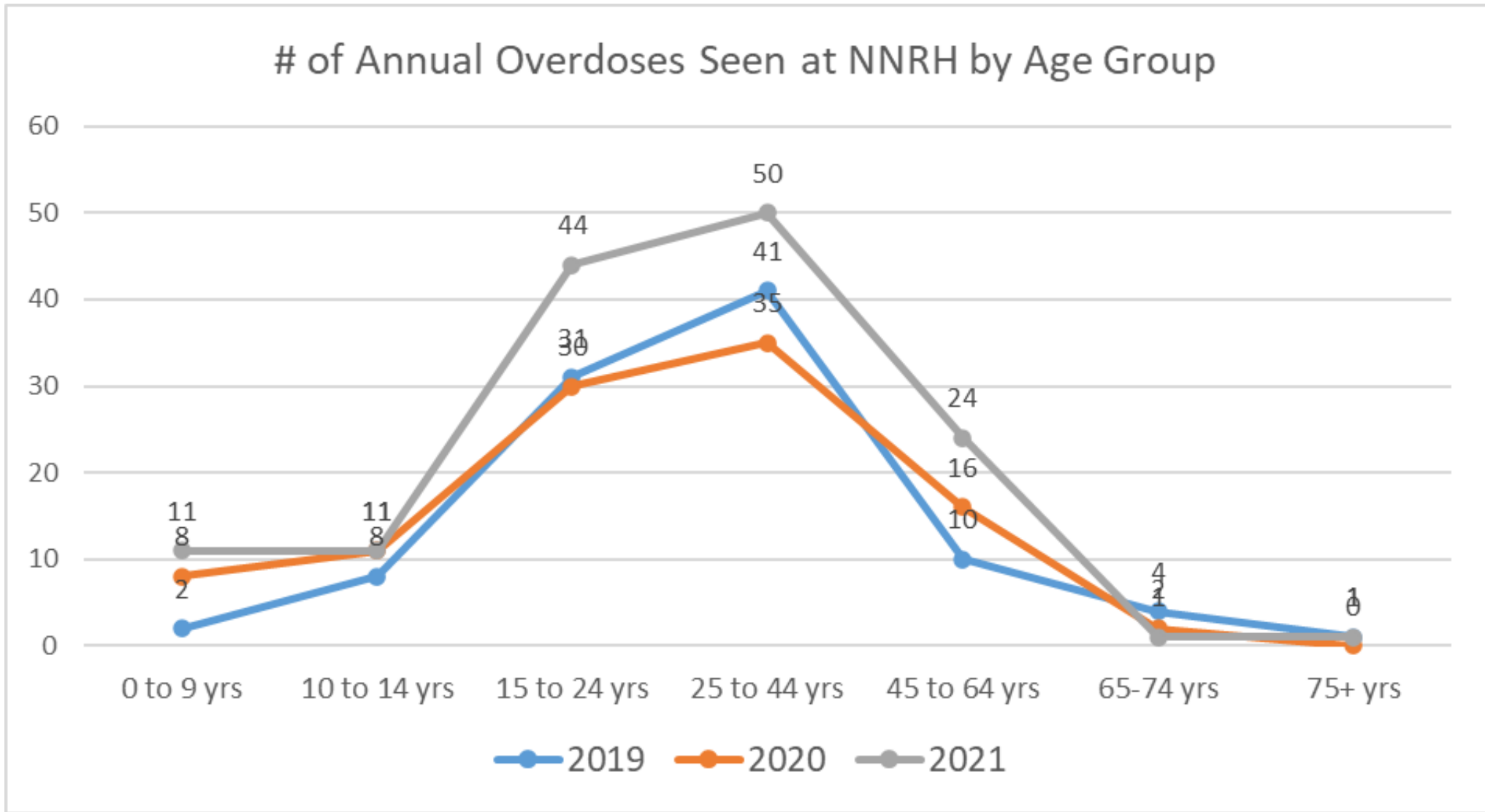
Annual Total
ODs

2019: 97

2020: 102

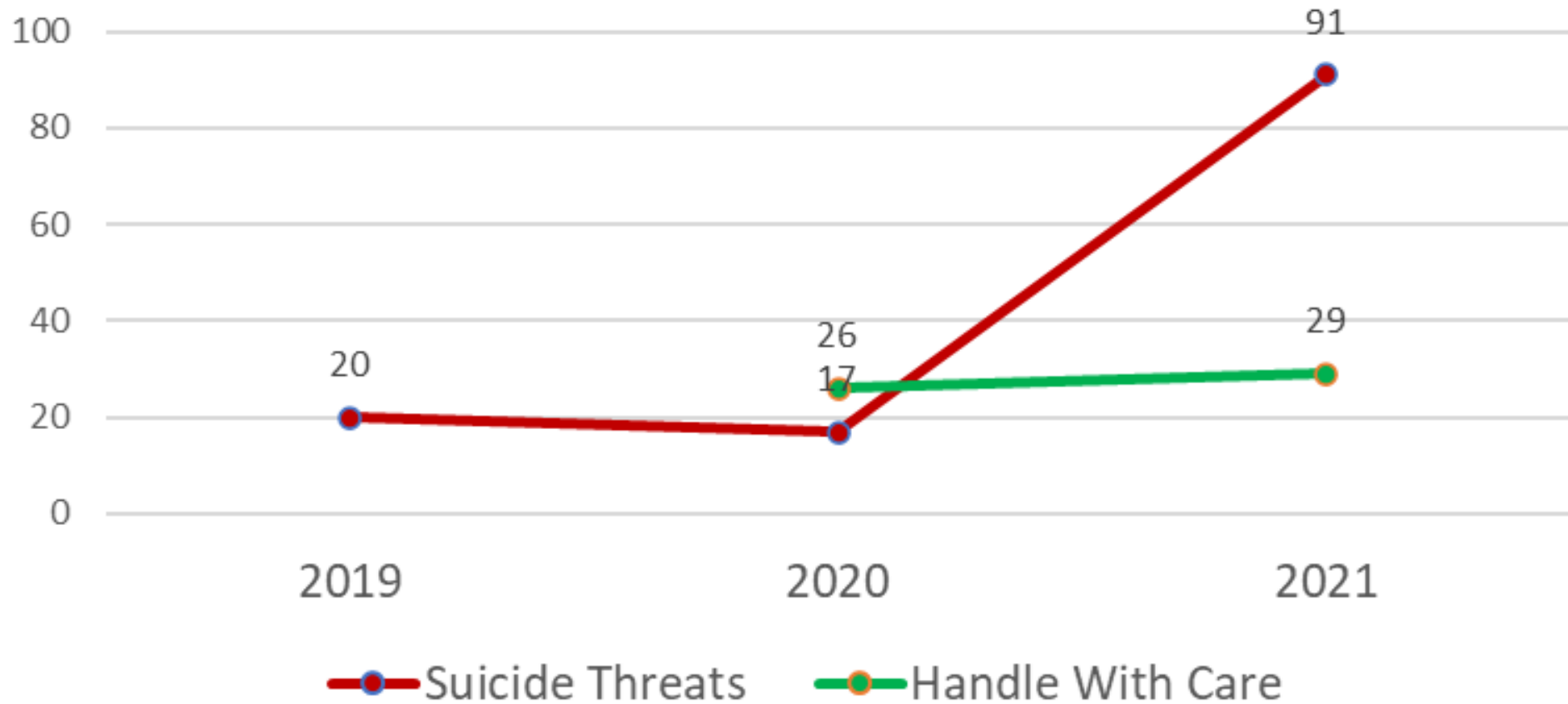
2021: 142

Source: Monthly Report from Northeastern Nevada Regional Hospital to Elko County Zero Suicides, January 2022



Source: Monthly Report from Northeastern Nevada Regional Hospital to Elko County Zero Suicides, January 2022

SafeVoice Annual Total "Suicide Threats" and "Handle with Care" Tips, Elko County 2019-2021



Source: Nevada Department of Education, special query January 2022

***SafeVoice Tips, Other Counties in the Rural Region, 2019-2021**

Eureka: 2019-2021 all tips were below the 10 threshold

Humboldt: 2019 had bullying at 13 total; 2020-2021 below the 10 threshold

Lander: 2020 and 2021 both years with 13 Handle with Care notifications; all other tips below 10 threshold

Pershing: 2019-2021 all tips were below the 10 threshold

White Pine: 2019-2021 all tips were below the 10 threshold

2021 Rural Children’s Mobile Crisis Team Calls and Responses, All Rural Counties

Month	Total Calls	Clients Served (Team Responded)	Hospitalization	Hospital Diversion	Stabilization Recommended	Hospital Diversion Rate
January	26	16	3	13	11	81%
February	35	11	0	11	6	100%
March	42	22	4	18	9	82%
April	36	22	4	18	7	82%
May	42	18	4	14	6	78%
June	22	5	1	4	5	80%
July	15	6	2	4	3	67%
August	18	6	1	5	4	83%
September	55	29	6	23	13	79%
October	38	21	2	19	10	90%
November	27	9	2	7	3	78%
December						

Source: Nevada DHHS, Nevada Behavioral Health Caseloads Dashboard, Mobile Crisis – Children, Rural Children, 2021;
 Accessed 2.22.22

Data Takeaways:

- Youth mental health is a major concern, particularly in Elko County
- Adult binge drinking and heavy drinking remains higher in the Rural Region than the state taken as a whole.
- Alcohol abuse and substance use disorder is still on the rise in most counties
- Youth overdose and substance misuse remains an issue across the region

Local Stakeholder Behavioral Health Concerns

Increased MH Crises in hospital EDs

Increased alcohol and substance use

Increased depression & suicidality among youth

Increased intentional overdoses, particularly in youth

Acute difficulty accessing inpatient services

Increased waiting lists for all types of treatment

Drug decriminalization creates challenges in getting people into treatment

Concerns over suboxone misuse

Methamphetamine use on the rise

Fentanyl a growing concern in many counties

Information from discussions with and feedback from representatives from a wide range of stakeholder groups across the Rural Region throughout 2021 and early 2022.

Rural Regional Behavioral Health Policy Board 2021 Priorities

**Increase Accessibility of
Transportation to Crisis
and Non-Crisis Behavioral
Health Services**

**Medicaid/CMS
Reimbursement for
Behavioral Health Services**

**Behavioral Health
Workforce Development**

**Improve Behavioral
Health Data Quality**

**Increased Interagency
Communication and
Partnership**

**Improved Access to
Appropriate Youth,
Elder, and Minority
Services**

**Improved Quality and
Accessibility of Services for
Service Members, Veterans,
and Their Families**



Next Steps

- What priorities from 2021 should be carried over? Should the intent be changed in any way?
- Are there new priorities that should be added for 2022? What is their intent?

